

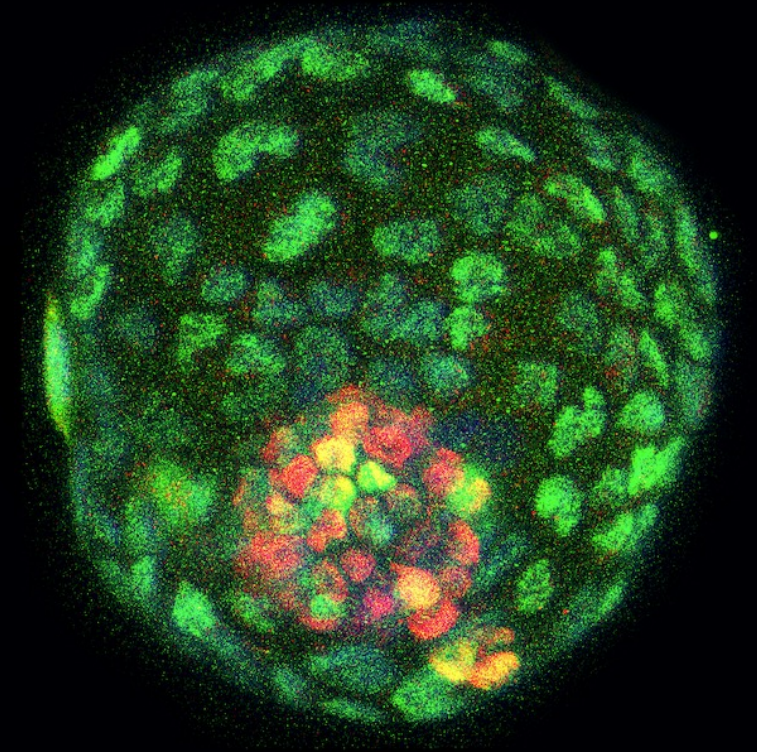
HUMAN CELL MODELS OF AGING CORE

- SD-NSC HUMAN COHORT
- CELLULAR MODELS OF AGING

Co-Leaders:

Anthony Molina (UCSD)

Rusty Gage (Salk)



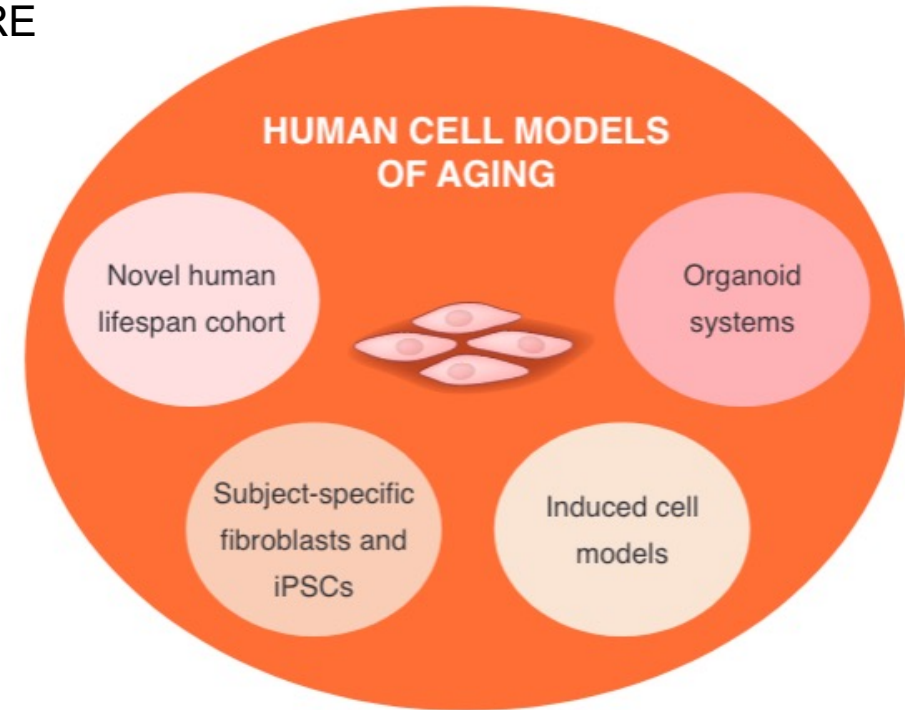
SAN DIEGO NATHAN SHOCK CENTER
2022 WORKSHOP

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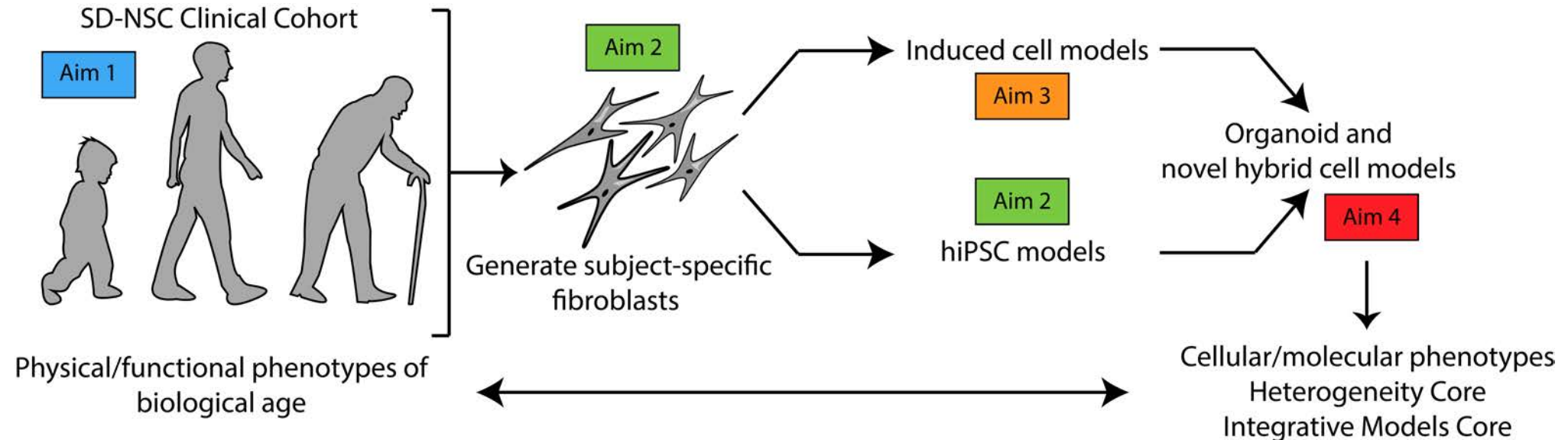
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- INTRODUCTION TO HUMAN CELL MODELS OF AGING CORE
- OVERVIEW OF **SD-NSC HUMAN LIFESPAN COHORT**
- OVERVIEW OF **CELL MODELS**

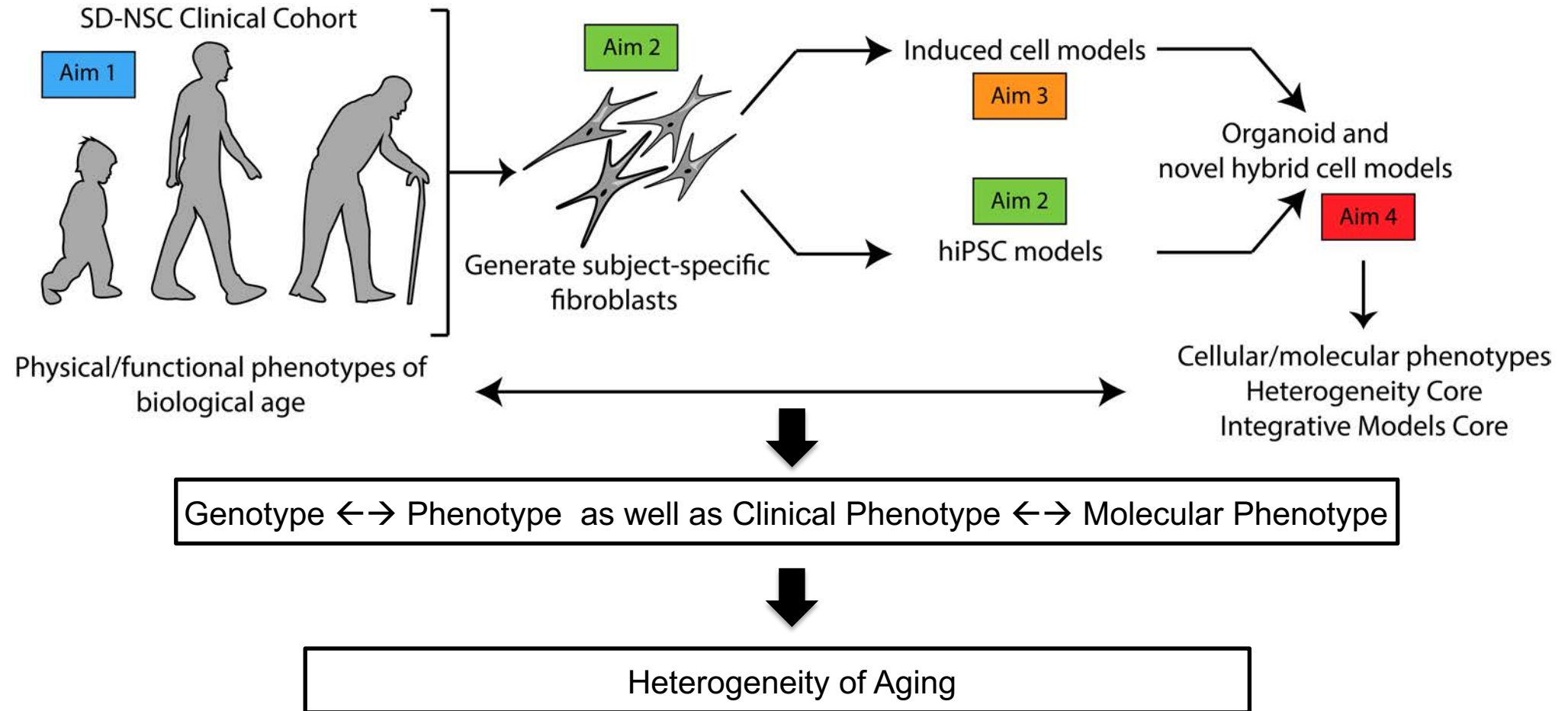


A WELL PHENOTYPED COHORT POWERS NOVEL CELL MODELS



- **SD-NSC Cohort will represent the adult human lifespan** and be extensively phenotyped for functional metrics of biological aging
- Subject-specific fibroblast used to generate *iCell models (capture age related phenotypes)* and hiPSCs
- hiPSCs used to generate *niche specific multi-cellular organoid models*
- *iCell and hiPSC models combined* into novel hybrid models of human aging

A WELL PHENOTYPED COHORT POWERS NOVEL CELL MODELS



What is “representative” or “normal” when it comes to aging?



Major Considerations:

- Healthy vs Normal
- Majority of patients over 65 present with multiple comorbidities

Inclusion	Exclusion
<ul style="list-style-type: none">-Over 20yrs of age-Able to consent and participate in the study using English-BMI ≥ 18.5 and ≤ 30 kg/m².-Weight stable for the prior 6 weeks-Normal cognitive function-Willing and able to attend two in-person study visits that will include vigorous exercise testing, blood draw, and skin biopsy.-Willing to wear a wireless accelerometer (Actigraph GT3X) for 14 days	<ul style="list-style-type: none">-Are pregnant-Diabetes (fasting glucose >126 mg/dl)-Uncontrolled hypertension (BP $> 140/90$ mmHg)-Heart or cardiovascular condition, including coronary artery disease, congestive heart failure, diagnosed abnormality of heart rhythm, atrial fibrillation, and/or a history of myocardial infarction-Cancer or history of cancer-Dementia or other conditions that may affect cognitive ability-Sensory or physical impairment that would prevent participation-Parkinson's disease, multiple sclerosis, or other neurological condition, including a previous stroke, which may be causing impaired muscle function or mobility-Medications and supplements that may interfere with measurements or biological outcomes including, but not limited to: metformin, CoQ, glucocorticoids, and medications that may alter cardiac and hemodynamic responses to exercise-Respiratory disease-Answers “yes” to one or more questions in the American College of Sports Medicine’s Physical Activity Readiness Questionnaire (PAR-Q) and/or report two or more risk factors for exercise testing

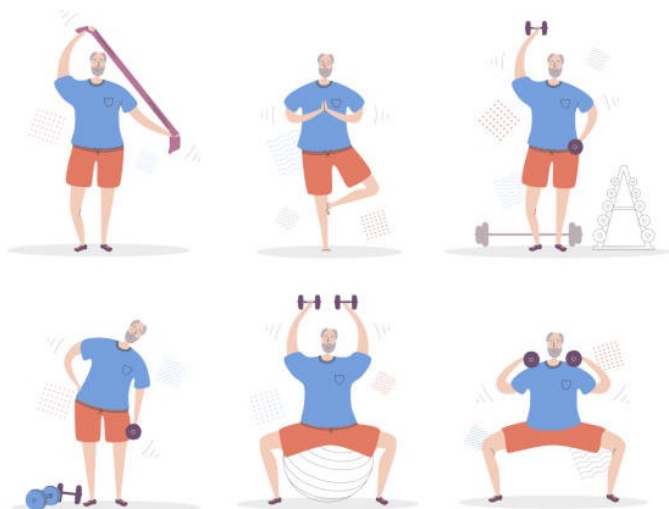
Defining Biological Age – Function Based

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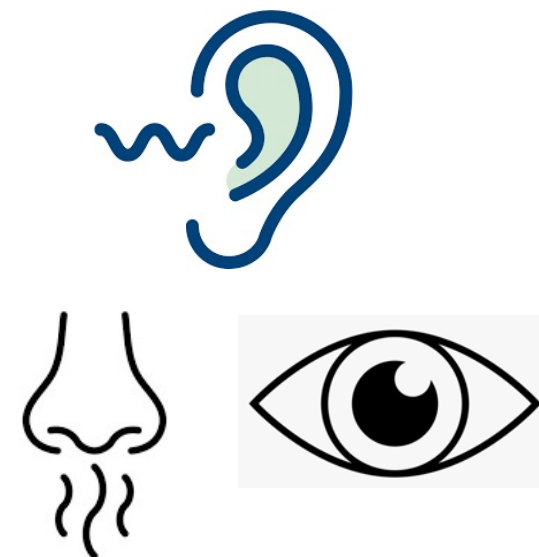
Physical



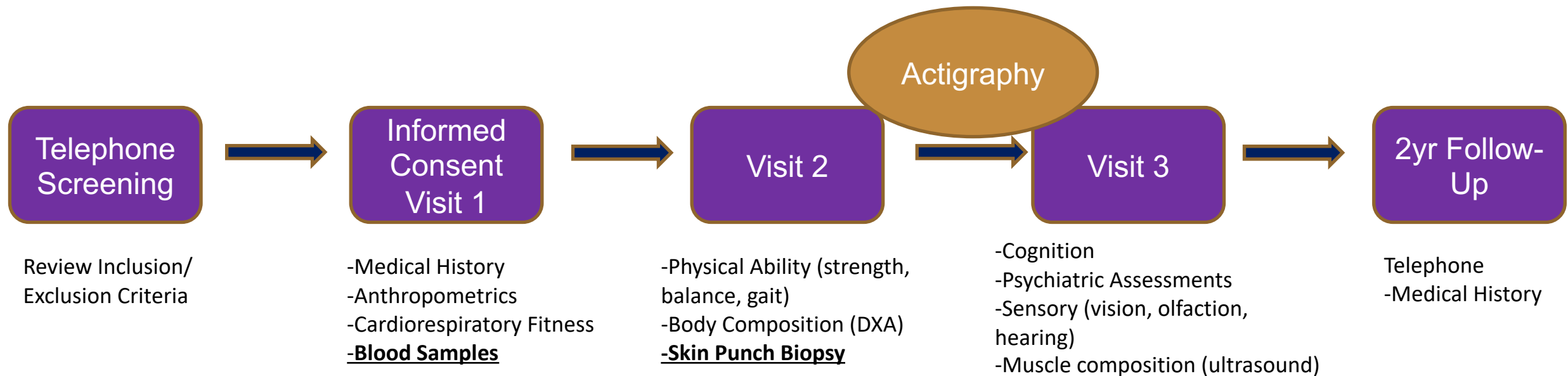
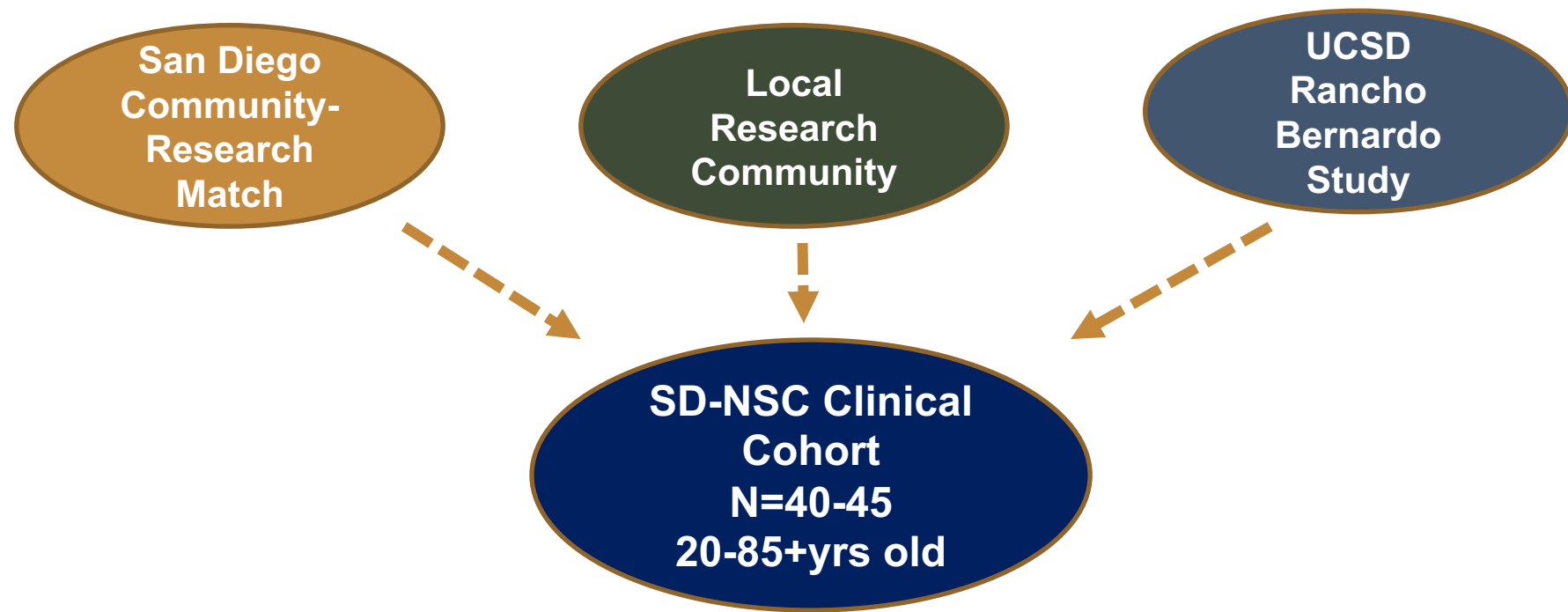
Cognitive



Sensory



Additional Measures : Activity, Wisdom, Loneliness



Informed Consent During the Covid-19 Pandemic



Blood Sample Collection



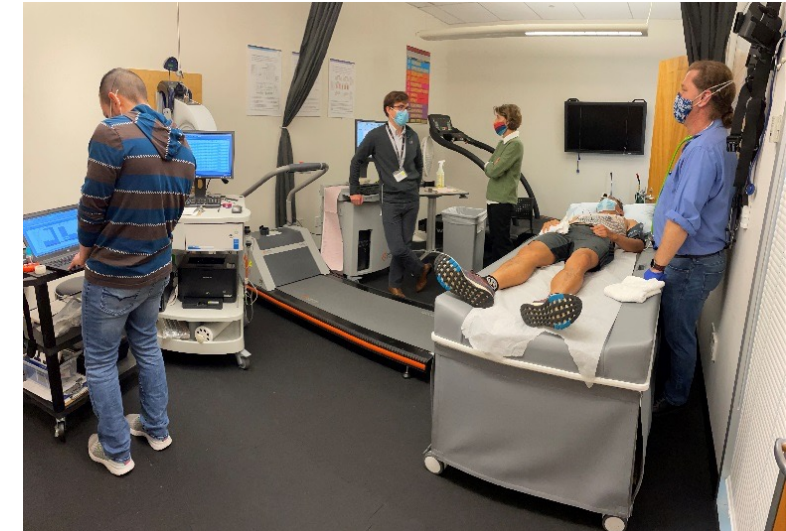
Visit 1

Cardiorespiratory Fitness (CPET)

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-VO₂ max is generally regarded as the best indicator of cardiorespiratory fitness.

-Safety

-Persons with counterindications will be excluded from the study

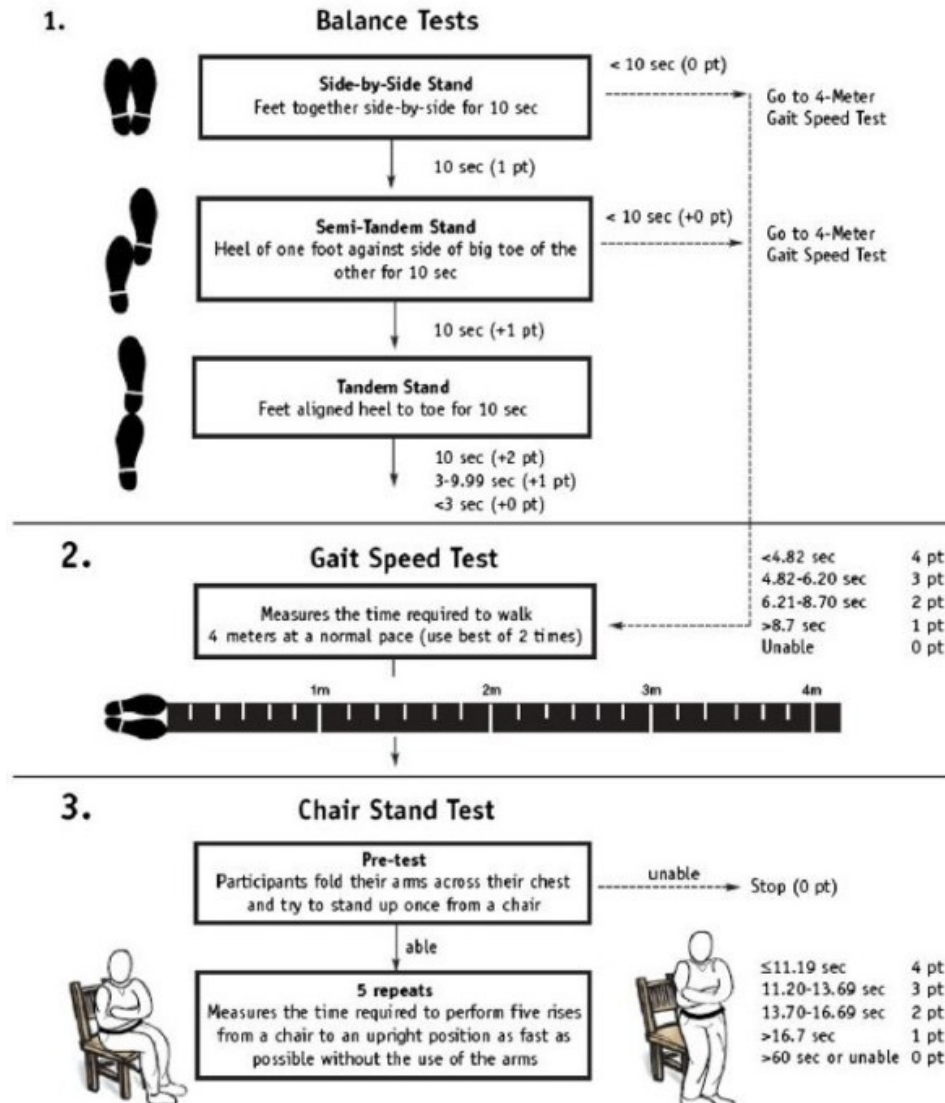
-Monitoring (Physician, Exercise Physiologists)

-EKG, Blood Pressure

-Age/Ability appropriate

-Exercise Modalities

Additional measurements: RMR, Pulmonary function (spirometry)



Limitations
-Ceiling Effects



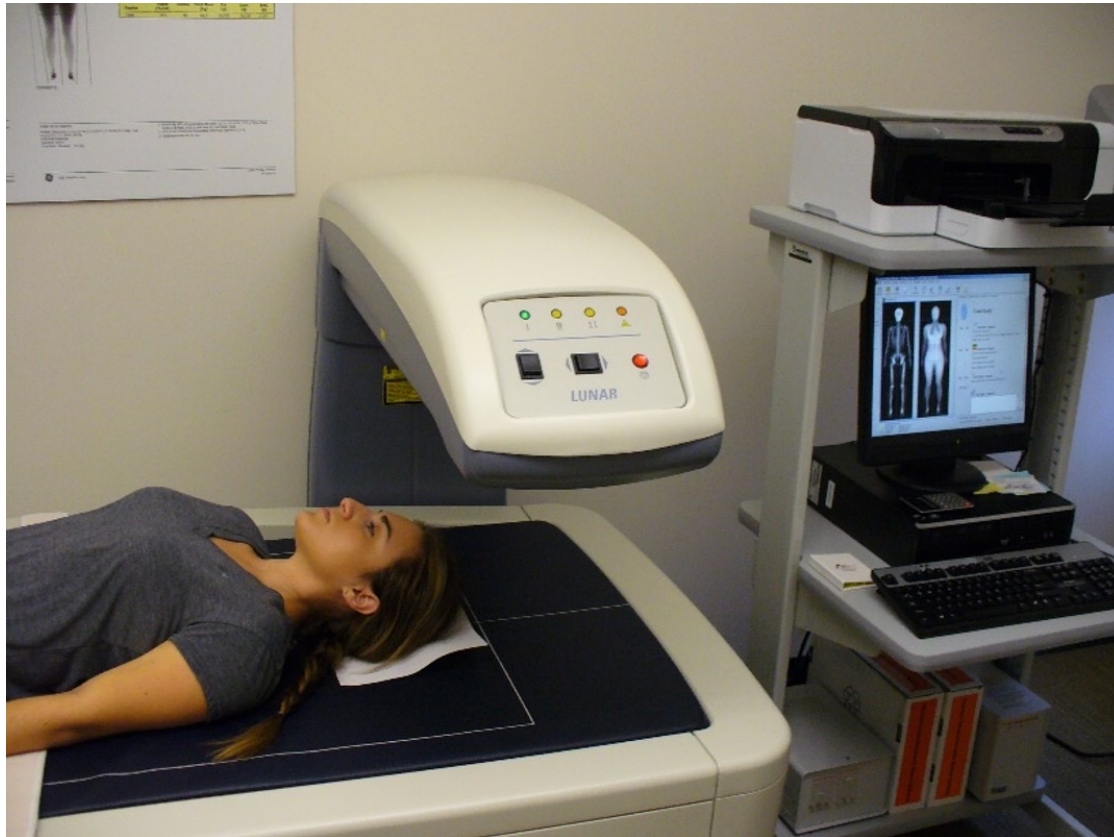
Visit 2

Dual-energy X-ray absorptiometry (DXA)

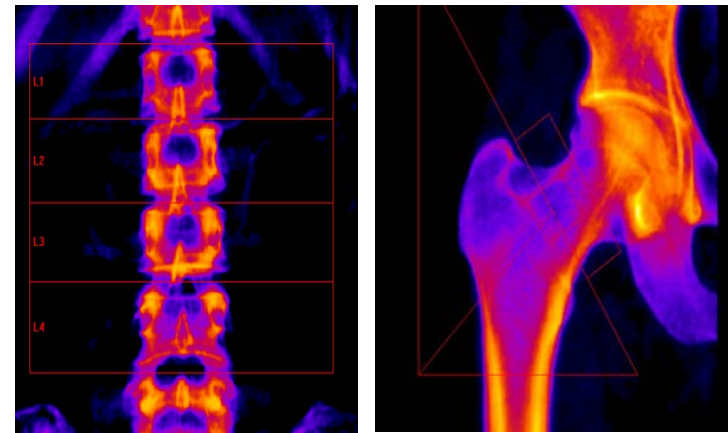
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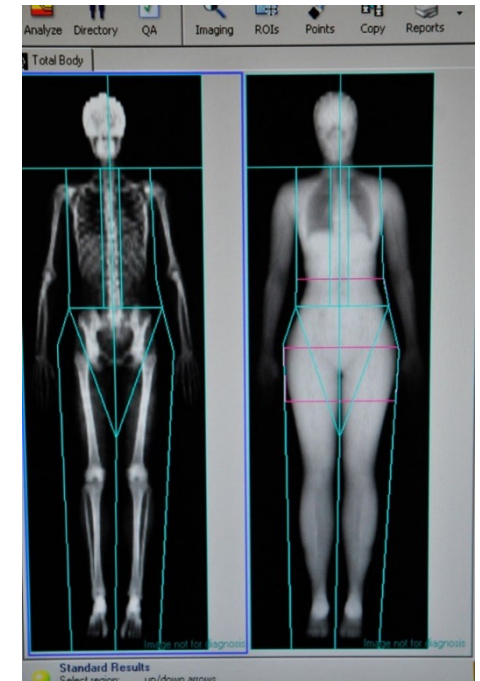
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Bone Mineral Density



Body Composition



Visit 2

Physical Performance

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Gait Speed

- 6mwd (fast)
- 2.5 mwd (usual)



Leg Strength (Biodex)



Grip Strength



Visit 2

Skin Punch Biopsy

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**SD-NSC Cell
Models Core @Salk**

Visit 2-3

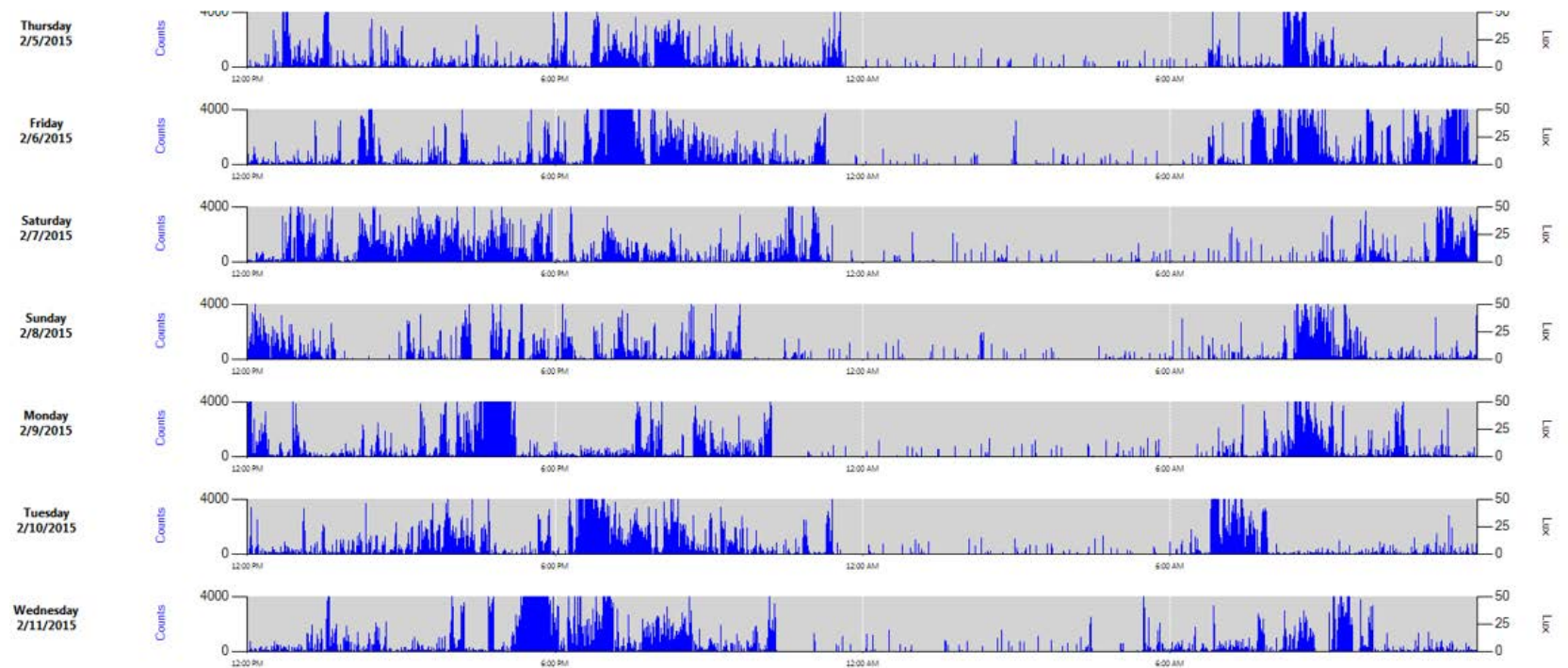
Actigraphy

monitoring rest/activity cycles
2 weeks

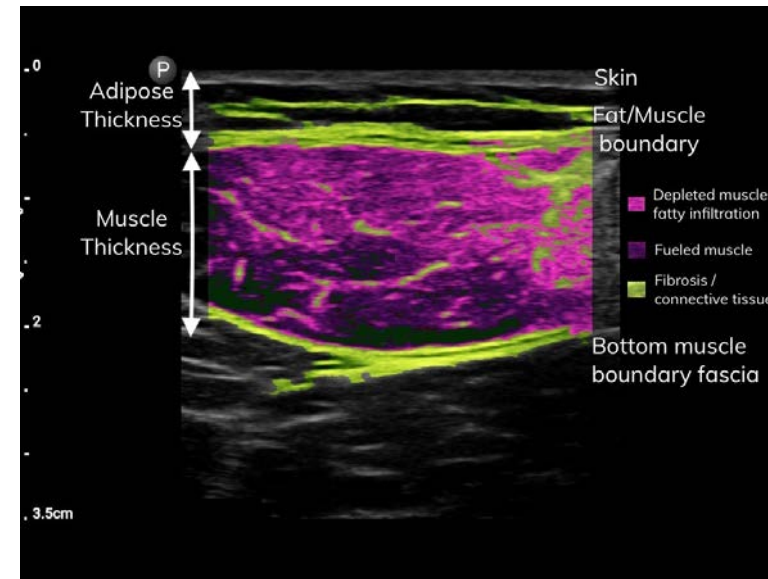
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Size and Adiposity



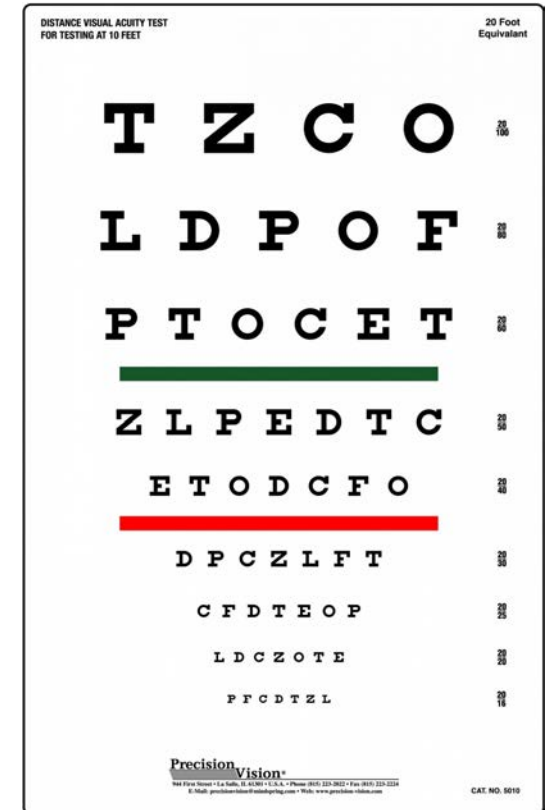
Visit 3

Sensory Abilities

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Biological Samples



SD-NSC Biorepository Rolling Enrollment (2021-2023)

Blood

- Platelets
- WBCs
- Plasma

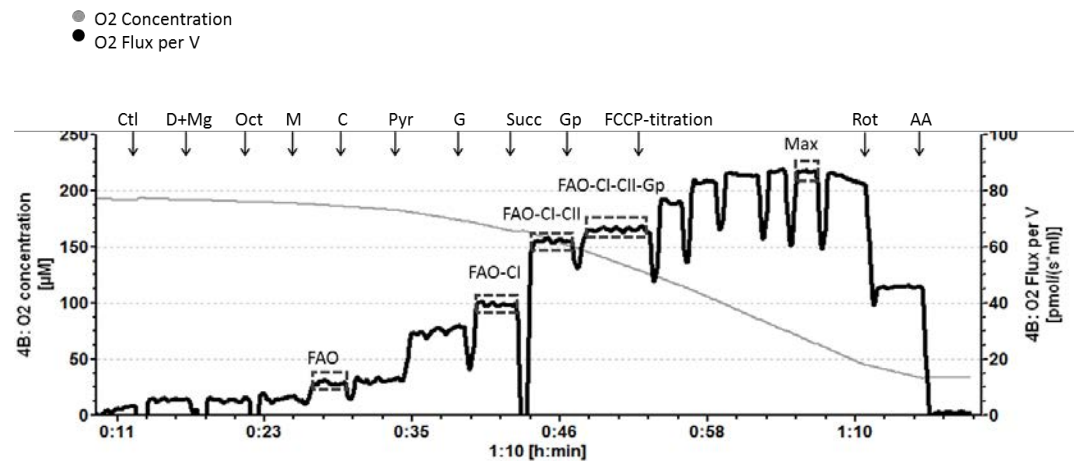
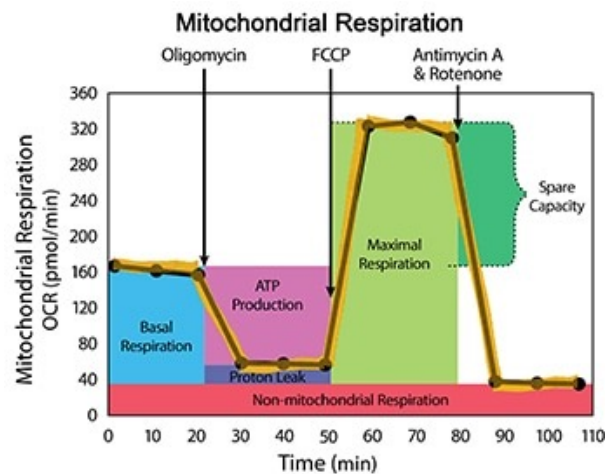
Cells

- Primary dermal fibroblasts
- iPSCs (not yet available)

Representation from 20-75+ yrs old is available now

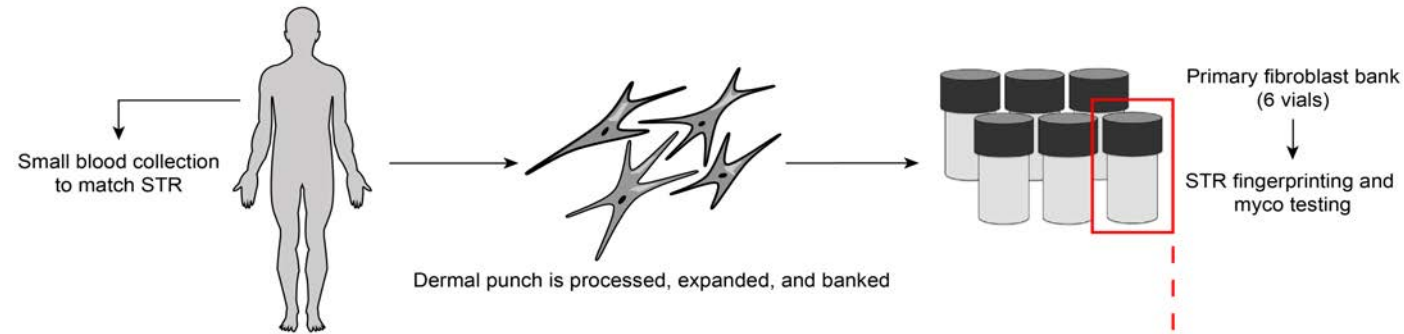
What are we doing with the cells?

-Profiling age-related mitochondrial bioenergetic decline
Fibroblasts, PBMCs, Platelets, lymphocytes

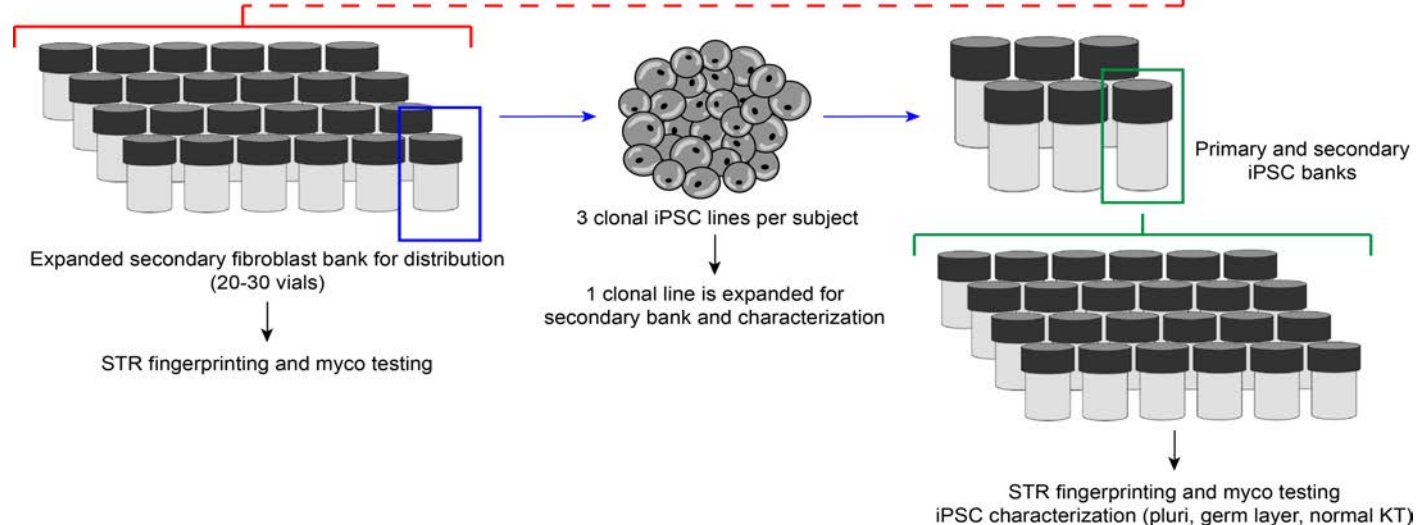


Tiered Banking Ensures Prolonged Access to Cell Resources

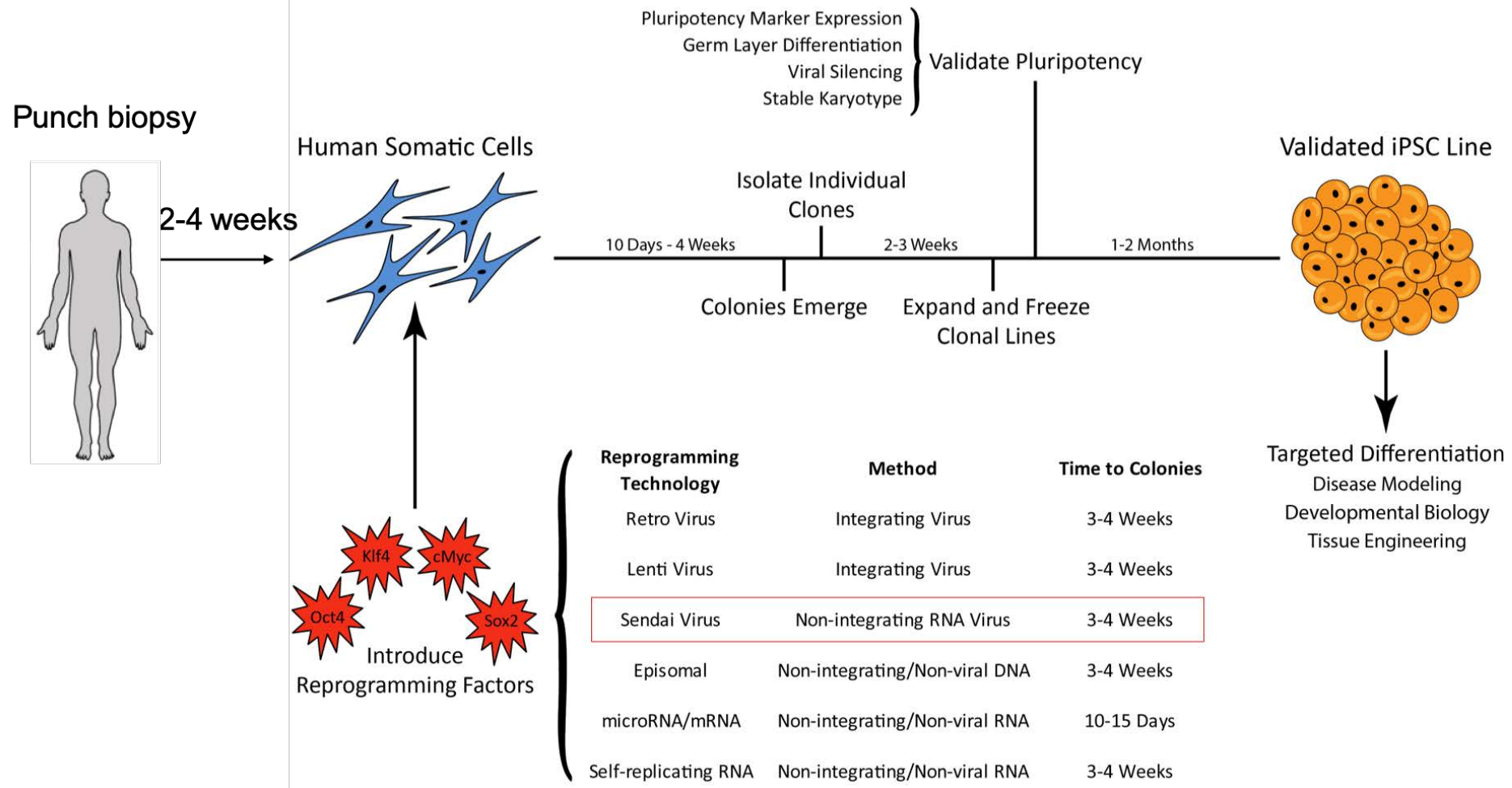
Tier 1 - Process punch biopsy and establish primary cell bank



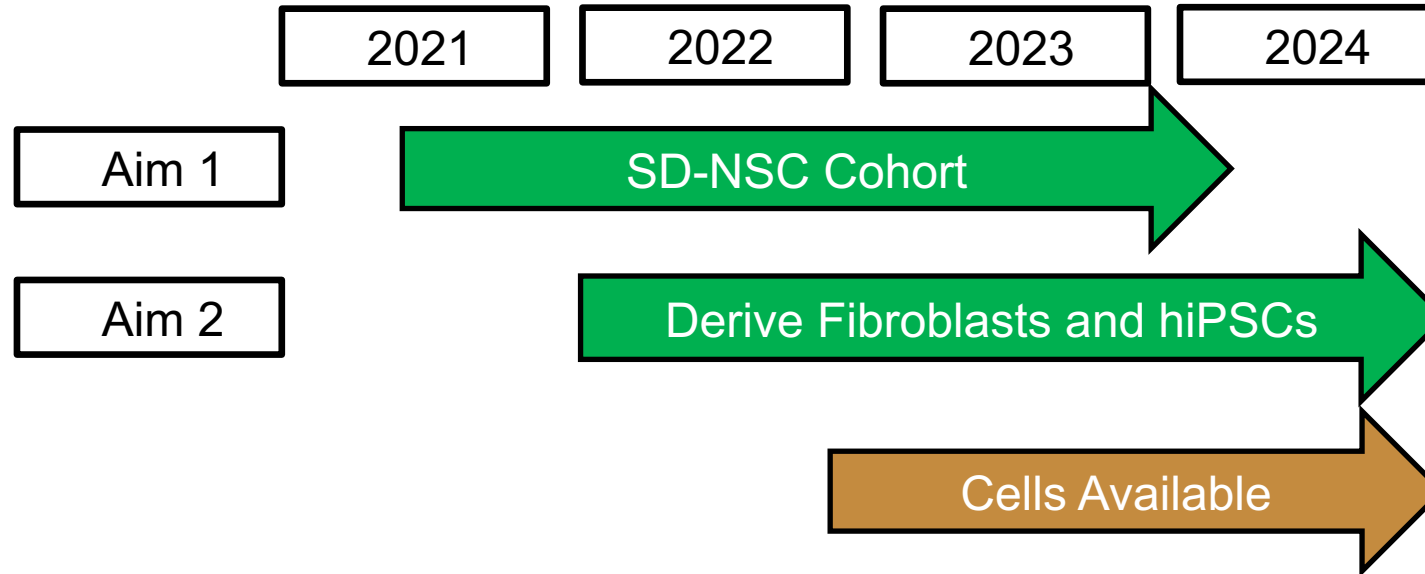
Tier 2 - Establish secondary fibroblast bank and reprogram to



Derive → Bank → Characterize → Model



ESTIMATED TIMELINE FOR CELL RESOURCES



Fibroblasts and hiPSCs available in late 2022

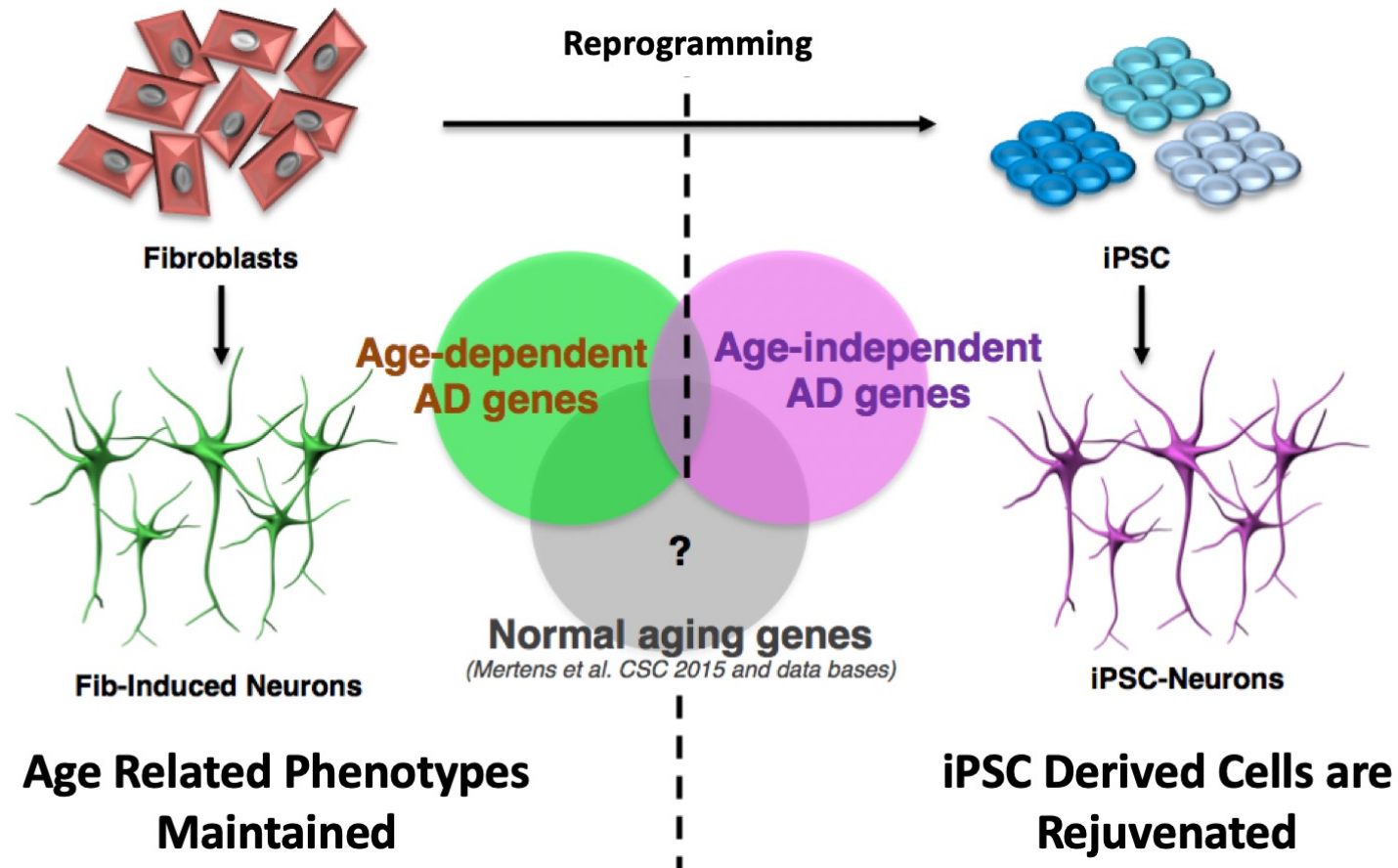
Early sharing through HCMA Core (SD-NSC Website)

Plans are underway for broader distribution

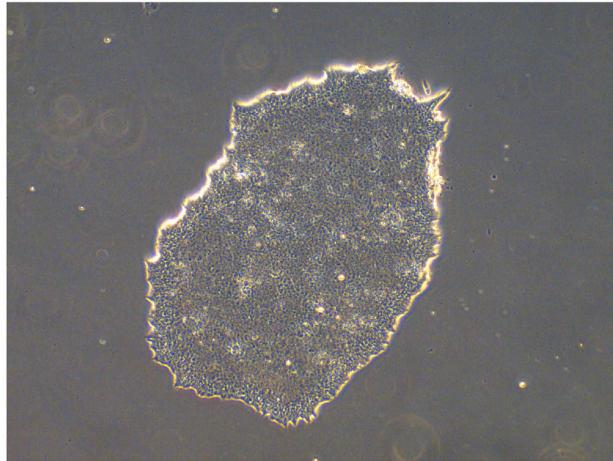
Protocols for basic fibroblast/hiPSC maintenance are now available

Formal written and image-enhanced protocols (SD-NSC Website)

iCell Models Maintain Age Related Phenotypes



hiPSCs Recreate Niche Specific Dynamics Through Organoid Models

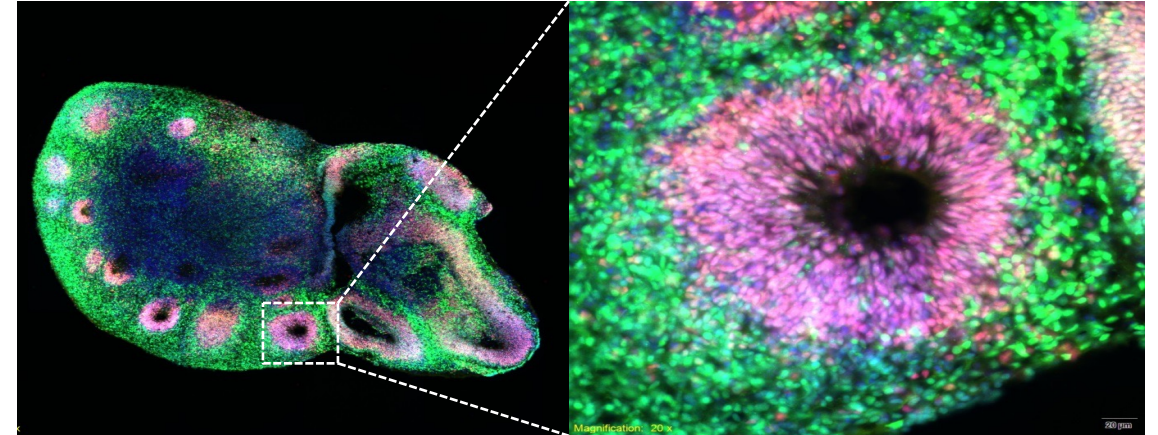


2D hiPSCs

3D, Matrix, Morphogens

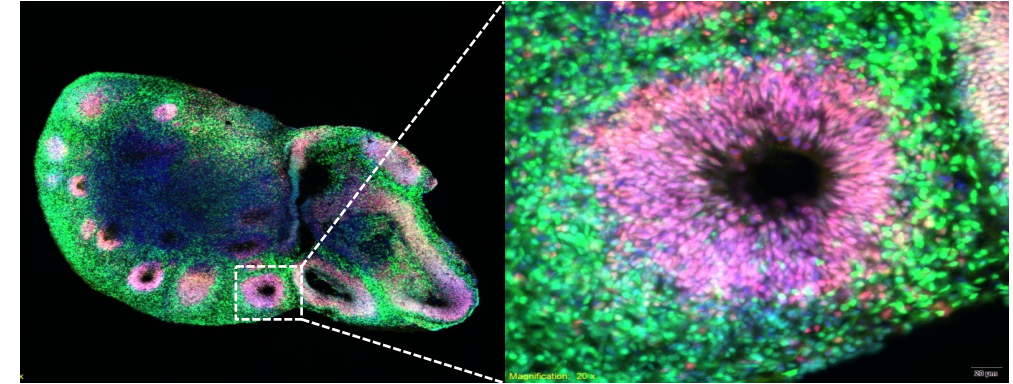
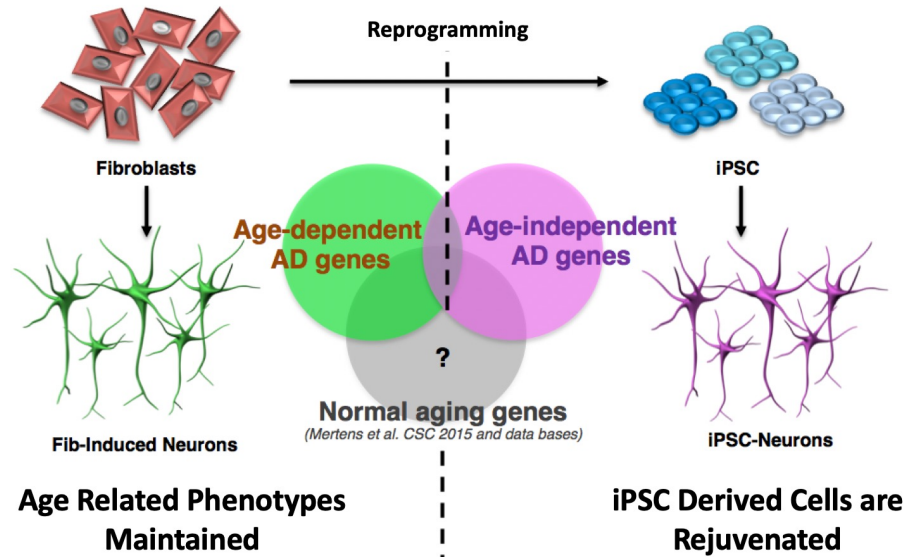


Time



3D Organoids w/Multi-Cellular
Structural Complexity

HYBRID MODELS COMBINE THE BEST OF BOTH WORLDS

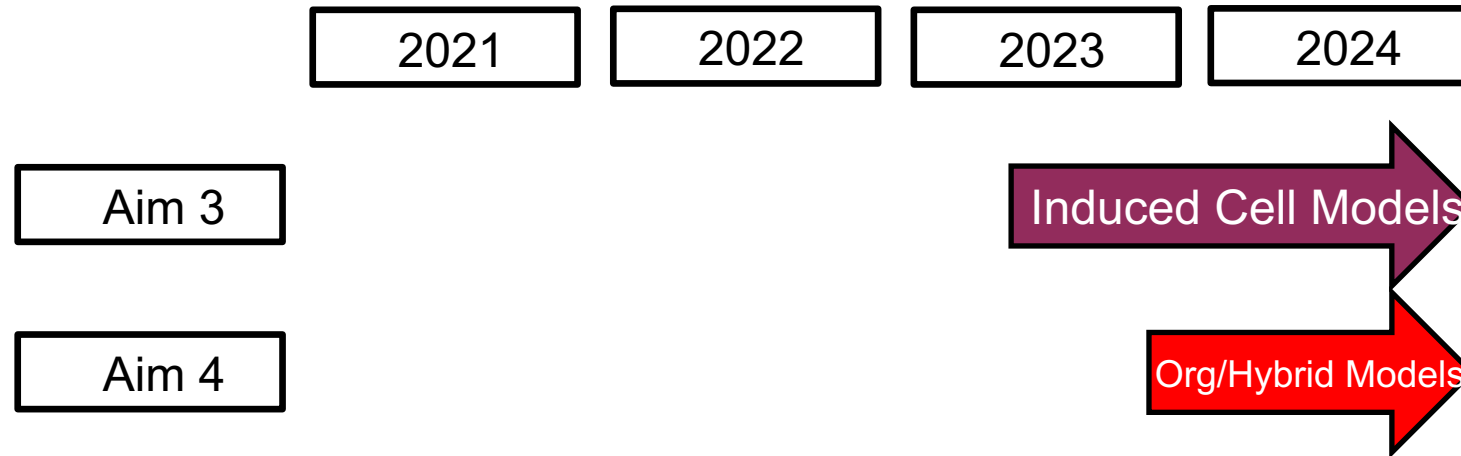


Niche Specific Multi-Cellular Dynamics

Age Related Phenotypes

Hybrid Models of Human Aging
Aged Niche in a Dish

ESTIMATED TIMELINE FOR CELL MODELS



Induced cell models available in 2023

Neurons (iN) and Vascular Endothelial Cells (iVECs)

Detailed Protocols (SD-NSC Website)

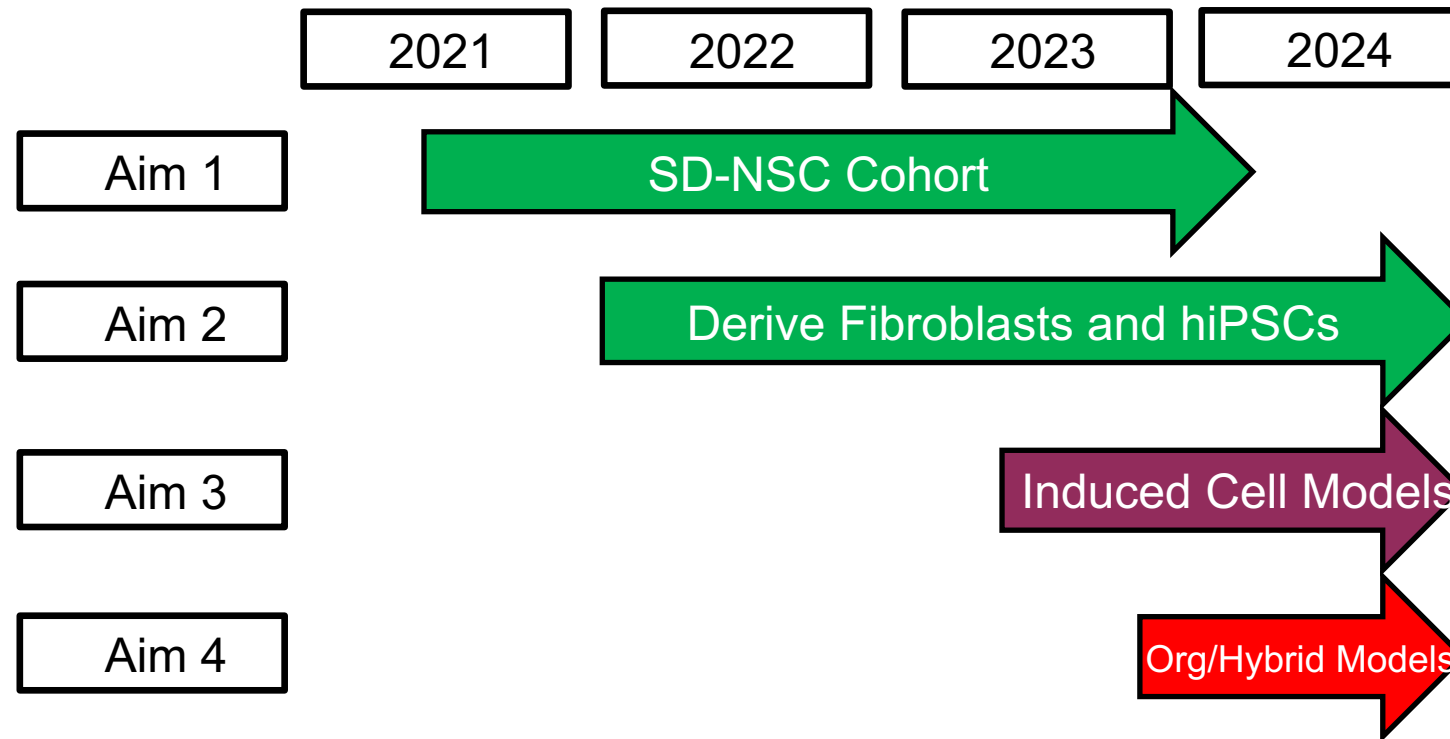
Updates made available (SD-NSC Website)

Organoid and Hybrid Cell Models in 2023-2024

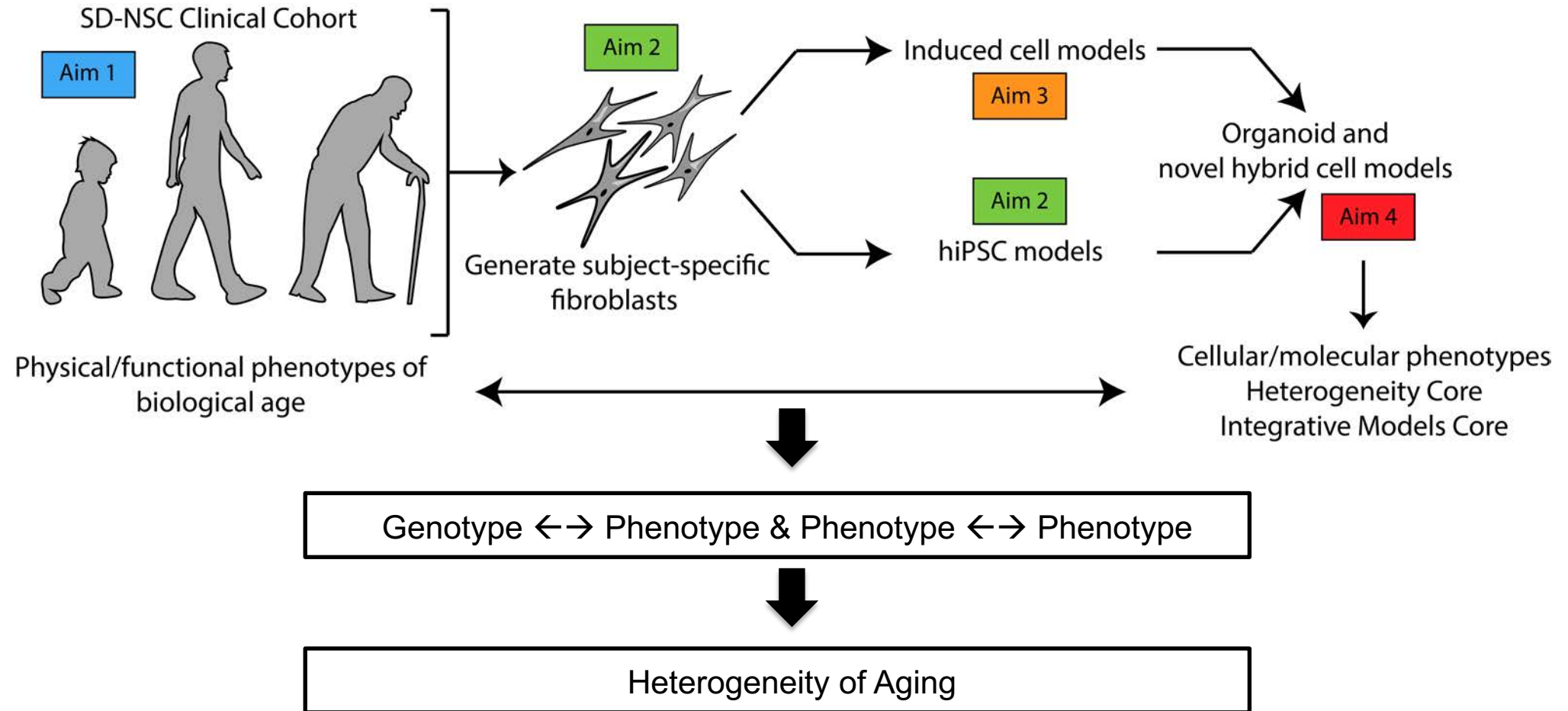
In development – HCMA Core partnering with key SD-NSC researchers (Rusty Gage)

Keep fingers crossed and stay tuned!

ESTIMATED TIMELINE FOR CELL RESOURCES AND MODELS



SD-NSC COHORT POWERS IT ALL...



Overview of Facility, Equipment, and Resources

- 2500 sqft High Volume TC facility
- 13 hoods, 24 incubators
- Vapor-phase cryostorage (3 total)
- Established 2007
- Last renovated in 2012



Overview of Facility, Equipment, and Resources

The Mission: Lower the bar to access advance state of the art human cell based models

- Equipment (Live Imaging, Metabolism)
- Validated Media and Reagents
- Training and Project Support



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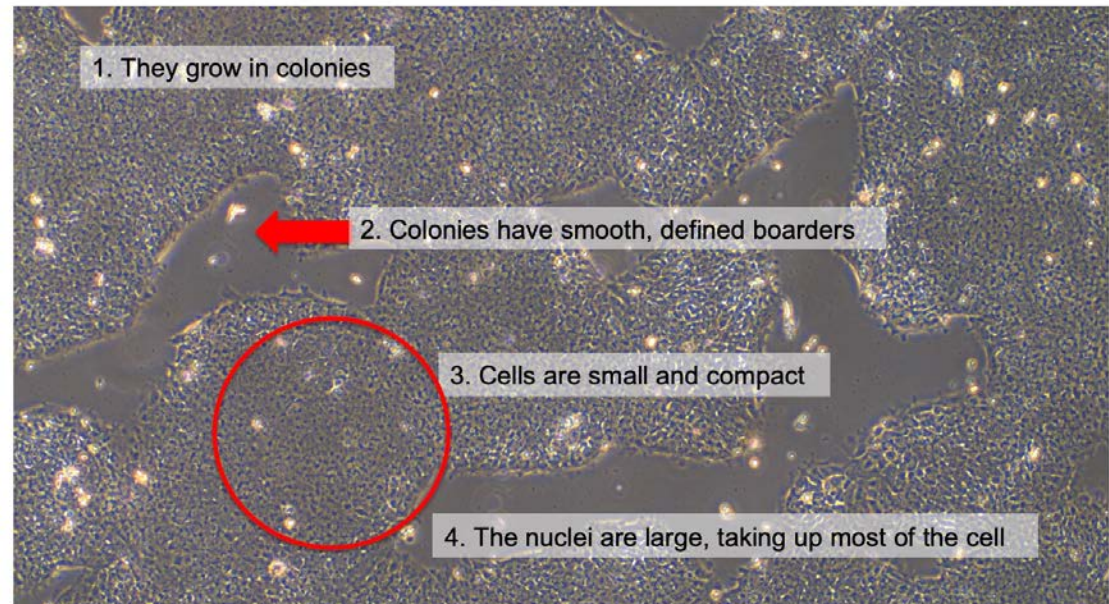
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Healthy hPSCs have 4 key characteristics

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Overview of Facility, Equipment, and Resources

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